Welcome to the March/April 2019 issue of the official publication of the North Carolina Fraternal Order of Police, the BlueNote. If you receive this publication via email or download it from the ncfop.org website, please share it with all of your law enforcement friends, family, and supporters. The BlueNote contains important information concerning our organization and law enforcement across the State. Also, please click on the advertisers’ links when viewing from your computer or hand-held devices and visit their websites. Many of our advertisers are offering incredible opportunities for you to take advantage of. Everything from online college degree programs to many service providers who care enough to advertise in our newsletter. Please support the folks that support us!

I would like to extend an early invitation for everyone to attend the 2019 Peace Officer Memorial Day Ceremony on Thursday, May 2nd at 11:00 a.m. The service will be held at Calvary Church located at 1665 Pleasant Ridge Road in Greensboro. This service will recognize and honor the eight North Carolina law enforcement officers who were lost in 2018. I would like to thank Tami Warren and Phoebe West of the North Carolina Justice Academy for their support and efforts each year organizing this Statewide event. I would also like to thank this year’s host agency, the Greensboro Police Department. This service is so important each year to not only remember and honor the officers we lost the year before, but it also allows us to visit with the families who have lost officers in the previous years. As a member of the North Carolina Fraternal Order of Police I am so proud that we can participate in this service each year and to let the families know they are not alone.

The 2019 Leadership Matters Seminar was held February 14-16 in Nashville, Tennessee. This annual training seminar is sponsored by the National Fraternal...
Explore our 100% online 8-week accelerated programs:

Criminal Justice & Homeland Security

We accept credit for military service & BLET from accredited institutions of higher education.
We offer 100% online as well as on-campus courses designed to fit individual's styles & schedules.

100% ONLINE

ACCELERATED PROGRAMS

Advance your career today with a Bachelor's Degree.

For more information or to apply, please visit online.campbell.edu
Email online@campbell.edu or call (910)-893-7899
It seems like today someone is out to control and change our minds on events and issues that affect us daily. Social media, television and radio talk shows are trying to captivate our minds to their way of thinking, which can become confusing and cause tension for us.

In Proverbs 4:23 it says, "Be careful how you think; your life is shaped by your thoughts."

We need to learn to manage our minds because our thoughts control our lives. If we want to control our minds we need to control what is fed into it. Filling your mind with good and positive things will help you respond to people and make good decisions. Allowing bad thoughts and material into your mind can have a negative impact on how you respond to those around you.

I remember one Sunday morning I was asked to give a short lesson to a group of children. I decided to use an object lesson to help them understand something about our minds. I took a glass and poured water until it was at the very top. I held the glass in my hand and then had one of the children shake my elbow and water spilled out everywhere. It was water that spilled out because it was water in the glass. Sure the water came out because the glass was shaken. Our minds are like that, what we fill our minds with is what is going to come out when our lives are shaken.

A mind in which we allow anything to enter that is bad is an unmanaged mind and leads to tension. A mind filled with positive and good things leads to tranquility, strength and serenity.

Learn to manage your mind, what you allow in and what you keep out, because this is the key to peace and happiness.

God’s Blessings
Phil Wiggins
NC State FOP Chaplain
Cell 919-451-2801
PFEIFFER IS YOU
On-Campus & Online

For more information, visit our table at the 2018 NCFOP Biennial Conference.

pfeiffer.edu

Serving North Carolina since 1885.
LIVE, LEARN, AND ADVANCE

It's more than a degree, it's a career enhancement. Earn your bachelor's degree while you continue to work.

Norwich University offers online bachelor's degrees that can help you move up in rank or take your career in a new direction. You can combine your training and prior education with our practical curriculum to complete your bachelor's degree online.

Visit our website to learn more:
online.norwich.edu/BlueNote

"I can't speak highly enough about my decision to attend Norwich University. From the very beginning to graduation day, the one-on-one interaction with the faculty and staff made me feel a part of the Norwich family."

Steve Gonzalez
2016 Norwich Graduate

Contact Norwich today to see how far you can go.

online.norwich.edu/BlueNote
866-684-7237
BlueNote Information and Submission Dates for 2019
By Terry Mangum – Executive Editor

We hope everyone enjoyed the November/December issue of the BlueNote. I would like to personally thank everyone who contributed articles for this March/April issue of the BlueNote. We hope you read and enjoyed the January/February issue. Please read this issue and share it with your fellow officers who may not be members or who may not have subscribed to receive the BlueNote.

I remind you that your lodge articles are needed for the BlueNote in order for us to be able to continue to provide it as a beneficial and useful publication. Please help us with this.

All Lodges have elections and other activities throughout the year which would be great material for a BlueNote submission. As I have explained in the past, do not be concerned with your writing skills. All you need to do is just write the article and email it to me. I can assure you that if it is necessary, we will make it publication worthy.

So now is the time to start preparing for the May/June 2019 BlueNote issue. Help us out by submitting an article and let our members from across North Carolina hear from you about your Lodge activities.

Please e-mail your articles and photos to my e-mail address TerryMangum@frontier.com by the due date.

Remember to visit our BlueNote advertisers’ websites. Just click on their ads and you will be linked to their website or facebook page.

Below are the remaining Article Submission Due Dates for 2019. Clip these dates out and post them on your computer, refrigerator, etc., where they will be visible as a reminder.

**Article Submission Due Dates for 2019:**

- May/June issue: Due by April 12, 2019
- July/August issue: Due by June 14, 2019
- September/October issue: Due by August 16, 2019
- November/December issue: Due by October 18, 2019

As always, I am here to serve you and our membership. If I may be of assistance to you, or if you have any questions or concerns, please contact me.

---

**Wood Creations**

Master Craftsmen  Expert Designers  
Breathing Results  Exceeding Expectations Since 1989

2223 Plastics Dr #B, Gastonia, NC 28054  
704-865-1822

---

**RED WING SHOES**

10% OFF TO NCFOP  
**Work is our Work**

RED WING SHOE STORE  
301 N POLK STREET  
(704) 889-7100

HOURS OF OPERATION:  
M-F: 9-6  
SAT: 9-5  
SUN: 1-5
LATERAL TRANSFER
12-WEEK ACADEMY
EARN $47,340
TRAINING SALARY
EXPEDITE YOUR CAREER
DURING OUR TWELVE-WEEK
LATERAL POLICE OFFICER PROGRAM

Program Advantages
- Shorter training & adaptation period
- Competitive salary, benefits & paid leave
- College education incentive pay & tuition reimbursement
- Academy uniform stipend included

Must Successfully Complete
- Background screening
- Firearms proficiency test
- Psychological assessment & clinical interview
- Medical examination

Qualifications
- Five (5) years of combined, continuous full-time, post-academy service as a paid, sworn officer, with a verifiable and favorable work record within a Commissioned Law Enforcement Agency that employs twenty (20) or more paid, full-time officers within the last 12 months.

OR

Three (3) years of combined, continuous full-time, post-academy service as a paid, sworn officer, with a verifiable and favorable work record within a Commissioned Law Enforcement Agency that employs twenty (20) or more paid, full-time officers within the last 12 months and 54 college semester hours or 2 years active military service (or comparable military reserve experience) with honorable discharge.

ALL candidates must meet the following:
- Must not have been convicted of, or pled guilty (or enter a plea of Nolo Contendere) to any felony charges.
- Must be at least 21 years of age upon completion of the Police Basic Training Program.
- Must successfully pass entry level requirements and testing (physical, written, background investigation, psychological and medical) for Police Recruit.
- Must possess and maintain a valid driver license as a condition for continued employment.

Learn More and Apply Now!
publicsafetyrecruitment@memphistn.gov

THE CITY OF MEMPHIS POLICE DEPARTMENTS IS AN EQUAL OPPORTUNITY EMPLOYER.

www.joinmpd.com
STARTING SALARY
$48,798
WITH A 4-YR DEGREE

JOIN TODAY
RETHINK COMMITMENT

Let your experience work for you.
Earn higher pay and enjoy a rewarding career with CMPD

CALL 704-432-1603 OR VISIT CMPD.ORG/APPLY
Dogwood State Auxiliary  
By Ally Michalec – NC National Trustee FOP Auxiliary

As a spouse of a LEO, of course one of the most prevalent concerns I have is that my husband will be hurt on the job or worse. As he walks out of the door I pray that he returns home safely. In fact, I have “Come Home Safe” stenciled on the door as a reminder. If (God forbid) he was killed in the line of duty, the outpouring of love and support would be overwhelming. The funeral would be a large affair with many important officials and officers from all over mourning a loss of one of their own.

But what if it was a suicide due to PTSD or depression, financial concerns or relationship problems, or alcohol or drugs? The talk would run rampant for sure saying things like, “But he was such a good officer” or “We never saw it coming” or “I wish he had reached out for help.” As we know, very few officers reach out for help. Maybe they think that it shows a sign of weakness or that it might hurt their career if anyone found out. Help that could be given is ignored and the LEO falls into a deeper hole.

I recently attended a seminar that addressed these issues. I was shocked to learn that the number of suicides versus line of duty deaths is approximately 4 times higher and that is only of the ones that are known about. There is help out there that can be completely anonymous if that is needed, or priced at a number that you can afford. They can and will help your family if you attend a drug therapy program or for any reason need to be out of the house for treatment. This is run by a former officer who understands the hardships that our officers face on a day to day basis and knows what kind of assistance is needed.

Safe Call Now, “Saving the lives of those who protect us” 24/7  
206-459-3020  
ArmorUpnow.org, “PTSD and trauma informed care, prevention, training and education”

Please look into this and put the number in your phone. You never know when it will be needed by you or a co-worker.

Let everyone of us Come Home Safe.

Message From The President (Continued from page 1)

Order of Police each year during February. I was not able to attend this year’s seminar, but North Carolina FOP was well represented. I understand there were at least five members from our state counted among the more than 350 FOP members who were in attendance. This seminar offers specific training for lodge leaders and very specific training for Lodge Secretaries and Treasurers. If you have not attended this seminar before or in recent years, you should strongly consider going next year. You will not be disappointed.

Just a reminder, the North Carolina Spring Board of Directors Meeting is scheduled for March 15-16 in Clemmons at the Village Inn and Conference Center. The State Lodge Trustees will meet on Friday evening at 6:00 p.m. and the Board of Directors will meet on Saturday starting at 8:30 a.m. ALL FOP members are invited and encouraged to attend this business meeting of the North Carolina Fraternal Order of Police.

Stay safe.

PLEASE SUPPORT OUR ADVERTISERS - CLICK ON THEIR AD!
Great Deals on All Your Favorite Brands!

AmChar
Le Outlet NC

(910) 769-3689

4510 Northchase Parkway
NE Unit C
Wilmington, NC 28405
(corner of Northchase Pkwy & Merchants Ct)

Store Hours:
Monday–Friday 9:30AM – 5:30PM

GUNS ARE HUNGRY
HIGH-PERFORMANCE RIMFIRE, CENTERFIRE, AND SHOTSHIELDS

JOIN THE FEEDING FRENZY
AT AMCHAR WHOLESALE

AGUILA AMMUNITION AWARDED AMCHAR’S
2017 AMMUNITION MANUFACTURER OF THE YEAR
YOU’VE BEEN CALLED TO SERVE AND PROTECT.
Defend the nation from digital attacks with one of our six cybersecurity degrees.

25% First Responder Tuition Discount

LIBERTY UNIVERSITY
ONLINE PROGRAMS
LIBERTY.EDU/NCFOP

Get your Criminal Justice degree at Belmont Abbey College

Theory & Practice Backed by Expertise & Experience

At Belmont Abbey College we understand the demands of the policing profession. Our faculty are experts with experience as prosecutors, judges, police chiefs and officers – all from the greater Charlotte region. The coursework is challenging and relevant. We present theory and practice within the current criminal justice landscape—and beyond.

As a small, Catholic college, we have the time and commitment to work closely with our students to facilitate success. We instill knowledge and promote virtue, pushing you to excel academically, professionally, and personally.

Go forward to a better future.

Apply today at www.belmontabbeycollege.edu/CJ

Dr. Julia Beeman, Associate Professor of Criminal Justice and Department Chair

“I’m honored to guide our students toward an understanding of society and human nature.”
From The Desk Of The State Secretary
By Lynn Wilson – State Lodge Secretary

The Christmas Season has come and gone and I know we have all helped so many people who were very grateful for everything we did. This happens day in and day out and we all should be proud of that. We also need to help each other, so here is some important information and reminders to help get everyone back on track.

- Local Lodge minutes should be turned into your State Lodge Constitution and By-laws Committee liaison each January for the previous year.

- Local Lodge tax filing documentation should be sent to the State Lodge as soon as possible after receiving it, not to your C&BL liaison who you may email to advise them of your action.
- New members have to be voted into your lodge at a regular scheduled meeting before they are added to the online system Velarium.

- All completed and correct forms have to be received by the State Lodge before their membership and benefits are activated and their information released to the Grand Lodge.

- Names left in the Velarium queue will be deleted after 5 days if the forms have not been received by the State Lodge.

- Email may be used to send the forms to the State Lodge. This gives you a dated receipt.

- All new members pay for all benefits unless they are not eligible for the Death Benefit or if they are retired and opt-out of the National Legal Defense.

Forms for new members to be sent to the State Office:

Grand Lodge New Member On Line form – Fill in State, Lodge#, Last Name, First Name and the Date the new member was added to Velarium.

Dues/Per Capita Spreadsheet - Fill in the Lodge Number block, and the count for each applicable category. The form does the math for you. With the use of bank drafts as the payments, this form replaced the need for writing and mailing checks, and the members having that delay in the joining process.

FOP Legal Defense Plan Member List – Must contain the members Last 4 of their Social Security number; Last Name, First Name, Middle Initial (names in that order with commas); and Employing Agency.

Thank you to everyone for all you do.

PLEASE SUPPORT OUR ADVERTISERS - CLICK ON THEIR AD!
ADVANCE Your Career

The University of Central Missouri
**Criminal Justice and Criminology**
Program offers nationally recognized
graduate and undergraduate programs
that prepare criminal justice professionals
for career success and advancement.

Learn from faculty with extensive
backgrounds and credentials in
the profession.

Degree programs are offered **100% ONLINE**, designed to accommodate the
working law enforcement professional.

Learn more about UCM’s Criminal
Justice and Criminology Program at
[ucmo.edu/cj](http://ucmo.edu/cj).

---

**Benefits**

- Personal day off
- Wellness Center
- Onsite fitness facilities
- Tuition reimbursement
- Education incentive pay
- Career development pay
- Paid vacation/sick leave/holidays
- Merit pay (based on performance level)
- Life/health/dental/vision/disability insurance
- NC State Law Enforcement Officer’s Retirement
- Take home car (Cabarrus County residents)
- Secondary employment opportunities
- 401(k) tax deferred savings plan
- 5% City paid 401K contributions
- Employee Assistance Program

---

**Concord Police Department**

**Pay Range**

- Police Officer $37,857 - $63,600
- Master Police Officer $43,153 - $67,038

**Up to a 15% raise over starting pay**

for lateral transfers

Lateral transfers may be eligible to
promote to MPO in as little as 12 months

---

**IF YOU ARE READY**

**BE THE CHANGE**

Recruitment and Training Unit
CPDRecruiter@concordnc.gov

41 Cabarrus Ave W., Concord
North Carolina 28025

City of Concord Jobs Line
704.920.JOBS (5627)

[concordnc.gov/police](http://concordnc.gov/police)

ConcordNCPublicSafety

@ConcordNCPolice
TRADITION MOVING FORWARD

- Up to 103% of annual salary retirement
- Employer contributes 5% monthly toward 401K
- Health insurance at no cost to members
- 12 paid holidays per year
- 12 days sick leave annually
- 14-26 days of vacation annually
- Holidays paid at time and a half plus equal time off
- All uniforms and equipment furnished by the agency
- College tuition reimbursement
- Military leave with pay
- Compensatory time off (hour for hour)
- Shift Premium pay (10% of hourly rate)
- Early retirement plans available (age 55 with 15 yrs)

SALARY RANGE
- Graduation - $44,000
- Master Trooper - $64,202

LOYALTY - INTEGRITY - PROFESSIONALISM

Opportunities for Specialized Positions
- Aviation Unit
- Criminal Interdiction
- Governors Security
- Collision Reconstruction Unit
- Motor Carrier Enforcement Division

Contact our Trooper Selection Unit
TrooperSelection@ncsdp.org

Apply Now: North Carolina Highway Careers
3318 Garner Rd. Raleigh, NC 27699
Legislature Returns After Short Break

By Jeff Gray – State Lodge Legislative Agent

The General Assembly convened on January 30th for its 2019-2020 Session. After just a short break in late-December/early-January, they are back in Raleigh. As with each “long” (odd year) Session of every Biennial Session, the first priority will be creation and passage of a biennial State Budget.

Since my last article, the legislature convened a number of times in the Fall as part of the 2017-2018 Session, including right after the elections in November to deal with several matters. Although a number of bills were introduced, few were considered or enacted into law, and only one of interest to law enforcement.

Senate Bill 469, which was a “technical corrections” bill – a hodge-podge of provisions ostensibly to fix some erroneous change or unintended issue in a previously enacted bill – made a clarifying change to the new 25-year retirement option for law enforcement officers. This bill was signed by Governor Cooper and the effective date for exercising the option is July 1, 2019. A similar provision was found in Senate Bill 117 and Senate Bill 828. No substantive changes were made to the 25-year retirement option.

The legislature concluded its more active business December 13th, but remained open for business for a few more weeks by holding “skeleton” sessions (i.e. sessions where just a few members attend) to allow Governor Cooper the opportunity to review bills and decide whether to veto or sign it into law, and the legislature still be in session to override the veto if it so chooses.

The legislature ultimately adjourned its 2017-2018 Session sine die on December 27, 2018. Any bill which was introduced over the past two years and was not enacted must be reintroduced.

One very important endeavor continued to progress throughout the Summer and Fall, and into the Winter. I reported in various The BlueNote articles, Legislative Reports and FOP app posts the work of the House Select Committee on School Safety Issues. This committee not only met in Raleigh and received information from a variety of groups and stakeholders, but also held meetings around the State to do the same. Co-chaired by Representative John Torbet (R. – Gaston) and Representative David Lewis (R. – Harnett), the Committee met seven times in 2018 to discuss measures that will ensure that North Carolina schools foster safe and secure environments for students. On December 6th, the Committee released its report to the General Assembly. It contained six findings and recommendations for further legislative considerations. In brief, the recommendations are as follows:

1. Further study necessary to develop a state-wide system for mental health screening of school children in North Carolina.
   The Committee recommends that the General Assembly enact legislation requiring the Department of Health and Human Services, the Department of Public Instruction, and other stakeholders to continue their study of mental health screening process to identify school children at-risk of harming themselves or others.

2. Civic responsibility education required in elementary, middle, and high school. The Committee recommends that the General Assembly enact legislation requiring instruction on civic responsibility be provided in elementary, middle, and high school courses, and that such instruction focus on respect for school personnel, responsibility for school safety, service to others, and good citizenship.

Continued on page 18
3. Expanded first aid training required for all students and teachers, including training in use of automatic external defibrillators and bleeding control.

   The Committee recommends that the General Assembly enact legislation requiring instruction on first-aid and emergency care be expanded through 12th grade and to teachers. Further, the Committee recommends that additional education be offered on the use of an automated external defibrillator, training on the immediate response to bleeding, how to recognize life threatening bleeding, and appropriate ways to stop bleeding in emergency trauma situations.

4. Continuation and expansion of school safety grants.

   The Committee recommends that the General Assembly enact legislation continuing and expanding school safety grants for school resource officers, services for students in crisis, school safety training, safety equipment in schools, and school mental health support personnel. For the 2018 Session, there was $30 million allocated towards school safety grants. However, the Committee has recommended that $53.19 million in recurring and nonrecurring funds be allocated for school safety moving forward.

5. Reintroduce school safety legislation proposed to the General Assembly during the 2017 Session.

   The Committee recommends that the General Assembly reconsider school safety legislation previously proposed, to require public schools to:
   
   i. Establish threat assessment teams and peer-to-peer support programs;
   ii. Comply with the county local school administrative unit’s state of emergency plan;
   iii. Ensure training standards and annual reporting for school resource officers; and
   iv. Complete facility vulnerability assessments for its school buildings.

6. Continue the study of ways to improve school safety through creation of the House Study Committee on School Safety.

   The Committee recommends that the General Assembly establish a new study committee for the 2019-2020 biennium to continue the study of school safety legislation for both elementary and secondary schools, as well as the North Carolina community colleges and constituent institutions of the University of North Carolina.

Representative Lewis offered the following statement about the report, “The Committee looks forward to what further insight the General Assembly has to offer in regard to this report. We remain steadfast and dedicated to the safety of our schools and the legislative steps we are taking to secure our schools.”

For a fuller version of the report, go to Representative Lewis’s site: info@davidlewis.org

As to this new Session, with the “super majorities” gone in both the House and Senate there should be more opportunities for open debate and compromise on all matters that come before the General Assembly. Following the elections last Fall, many political pundits predicted there would be “payback” for Democratic Governor Cooper’s efforts on behalf of his party’s legislative candidates, but to date that has not been borne out. The legislative leadership has appeared very conciliatory. However, that could change. The first, abbreviated week of the Session (just a Wednesday and Thursday) was spent adopting operation rules for the House, fine tuning committee assignments, and finalizing office assignments. It’s been a slow start since. At the end of the first full week, only 80 bills had been introduced.

Of course, the Bill Drafting Division is hard at work, and legislators and lobbyists are talking, but no major legislation on any topic has emerged as of yet.
WESTERN NORTH CAROLINA AIR MUSEUM

828-698-2482
1340 EAST GILBERT STREET
HENDERSONVILLE, NC.
ADMISSION AND PARKING ARE FREE.
GROUP TOURS WELCOMED!

30 London Rd.
Asheville, NC 28803
828-277-6173
Get $500
Rebates for replacing your electric heating, hot water, cooking and drying appliances with propane.

Pop's BUILDING MATERIALS

195 Johnston Boulevard
Asheville, NC 28806

Cabinets - Doors - Flooring
Plumbing - Windows & More

Business Hours:
Monday - Saturday
8 a.m. - 5 p.m.

828-254-7788

EAST-WEST INCORPORATED

P.O. Box 19026
Asheville, North Carolina 28815

800-228-1543 Home 828-684-3424
Fax 828-686-3712 lklinn@bellsouth.net
Cell 828-215-7711

Louis K. Linn - CEO
REEDS
CLEANING & SERVICES LLC
828-324-8448
201 22nd Street SE
PO Box 1275
Hickory, NC 28603
Phone: 828-324-8448
Fax: 828-324-1297
info@reedscleanup.com
www.reedscleanup.com

NORTHWEST
DRYWALL
COMPANY, INC.
1088 3rd Avenue Drive, NW
Hickory, NC 28601
Phone: 828-324-5100
Fax: 828-324-5103
Metal Framing, Gypsum Board,
Acoustical Ceilings / Panels
Stucco and Plaster
Serving the Construction
Industry since 1973
northwestdrywallcompany.com

Monte Alban Restaurante Mexicano
498 Main St. Andrews, NC 28901
828-321-1802

Ammons
Drive-Inn
Restaurant
Dairy Bar
1451 Dellwood Road
Waynesville, NC 28786
828-926-0734
Brothers and Sisters,

I hope this edition of the BlueNote finds everyone having had a Blessed Christmas and that you are experiencing a safe and prosperous New Year so far.

I want to take this opportunity to thank Lodge 8 for hosting our upcoming spring board meeting March 15-17 in Clemmons. I know we are in for a great time.

I hope everyone has been thinking about ways to increase membership and develop new fundraisers. Please bring those ideas to the meeting with you. Please make every effort to attend and send someone to represent your lodge if your State Trustee is unable to attend. There are several things that will be discussed and some important decisions will need to be made. You cannot have your voice heard if you are not there. The operation of the state office going forward is an area of concern and this will be one of the areas of discussion. I am receiving my newsletter regularly so that issue seems to have been resolved. If you are still not receiving your newsletter contact Brother Mangum and let him know. More issues are being tweaked with the legal aid policy to make it better for everyone. Continue to recruit lawyers in your area to join the national plan. Take care and be safe. I hope to see you all in Clemmons.
Wounds That Never Heal
By Greg Brown – State Sergeant at Arms

The year 2019 has not started well for law enforcement officers. There have been eight or more officers killed in the line of duty with several more being injured by gun fire, automobile accidents and assaults. Every year we hear about this ugly trend and it hurts just as much each time. I wish there was a way we could stop this evil but as long as it is out there, unfortunately, it will continue.

That is why I am thankful every day we have brave men and women that answer the call to fight the darkness and be the light we need in this world. Over the last couple of weeks there have been several officers injured in the line of duty in North Carolina. As I listen to the news about these events it opens old wounds that over time you think would be healed.

I wrote an article for Police One several years ago outlining the day I was the one that was injured in the line of duty and how it affected me. I will always appreciate the heroes who came to my side that fateful day in 2005, from my fellow officers, EMS personnel, hospital staff, flight crew and especially the doctors who put me back together so I could still be here for my family.

The outcome was not all great and wonderful and there have been and continue to be many bumps in the road. But I am a firm believer that God does things for our best interests and our course of life if we only stop and listen.

I feel like it is time to re-share the words written all those years ago. I have attached the article below in hopes that if it touches just one person then the task was well worth it.

The Forgotten Ones
Too often I read articles about our brothers and sisters giving their lives in the performance of their duties and it still saddens me every time I see it. We show our respect by wearing the black mourning band over the badge and honoring them with a police officer’s funeral where hundreds come from miles around to pay their respects to the family, to the department and to the fallen officer. During National Police Week, held annually in May in Washington DC, the names of those heroes are forever memorialized in granite, becoming a permanent part of the law enforcement history. For any police officer, giving his or her life in the line of duty is the bravest thing anyone can do. They leave behind wives, husbands, partners, children and parents and they make that sacrifice without thinking twice.

But what happens to all those other officers we read about who are catastrophically injured in the line of duty but who survive? We often hear about the gunfight or ambush they were in, the terrible crash they survived, the heart attack they suffered and then that’s all we hear. If the officer recovers and is able to return to full duty, then it may make the local news and he or she will be celebrated as they return to the job. However, there is another group of officers who fall into the category I call “The Forgotten Ones.”

I call them that because that is the category that I fall into, and I know from personal experience what it’s like to feel “forgotten.” Too often these officers have given years, even decades, to their respective police departments, their communities, and their government agencies but are forced to medically retire after an injury. It’s not something any of us likes to think about, but look through my eyes for a few minutes and let me show you how it feels to be forced out of the profession we all love so much and what you can do to still be a part of this great profession.

On September 9th, 2005 my life and my career changed forever. I will be brief but if you would like to read the entire story get the book True Blue II by Lt. Randy Sutton (ret.) and turn to the chapter titled “Another Beautiful Day.”

Continued on page 26
ROSS WINDOWS

- Vinyl Siding $1.99/ sq. ft. INSTALLED!
- ANY SIZE
- WHITE
- DOUBLE HUNG
- DOUBLE PANE
- FULLY WELDED
- LIFETIME WARRANTY

PRE-SALE SPECIAL!

$179 INSTALLED*

ASK ABOUT FREE LOW-E GLASS AND ARGON GAS

CALL TODAY 828-437-4848 FOR ESTIMATE

Visit our showroom at 800 E. Union St. Morganton

---

Kimbrell’s of Lenoir

202 Harper Ave NW
Lenoir, NC 28645
828-758-0216

Come be a part of our family!

An unparalleled selection of fine Furniture, Bedding, Appliances, and Electronics

Locally Owned & Operated Over 100 Years

CONVENIENT IN-STORE FINANCING

www.kimbrells.com

---

RICKY MEDLIN’S

HEATING & AIR

6616 Hwy 2051
Marshville, NC 28103
704-385-9977

---

ENECO INC.

HICKORY, N.C.

(828)-322-6008

DIAL 32 SERVICE

Quality Since 1977

RADIO DISPATCHED

www.enecoinc.com

HEATING • AIR CONDITIONING
ELECTRICAL • PLUMBING

Commercial • Residential
SPARKS MARTIAL ARTS

Sensei Sparks is a 3rd Degree Black Belt in Kickboxing under Steve Snyder, a Joe Lewis Fighting Systems 2nd Degree Black Belt, 1st Degree Black Belt under Bill “Superfoot” Wallace, Superfoot Systems and a Purple Belt in Brazilian Jiu Jitsu. He received his certificate from Joe Lewis and is the ONLY JLFS Black Belt in the Charlotte Area

704-839-1818

Children’s Orchard

POLICE | FIRE | FIRST RESPONDER
RECEIVE 15% DISCOUNT

Children’s resale sizes 0-14
10035 Biddick Lane, Huntersville
704-237-4441 | childrensorchard.com
I was on duty and I answered a call about a man with a gun running people off the road. I located the unoccupied vehicle in front of a residence and before I knew it the suspect ran out of the house and started shooting in my direction. Although I was wearing my vest a bullet entered below it and shattered the base of my spine. I was told I wasn't going to make it and if I did I would never walk, but ten days later I walked out that hospital. Before I go any further I must give my wife Shannon all the credit in the world. She was an absolute rock when I was shot. At the time we had a 4 year old and a two month old, and she was able to keep everything going while I was in the hospital. When they say behind every good cop is an even better wife, husband or partner, believe it!

Over the next 6 months I went to physical therapy and endured multiple, extensive surgeries to try and fix my nerves but nothing seemed to help. As a result I was left with “drop foot” and was going to need the assistance of a brace for the rest of my life. The doctor said I was not going to be able to run again and the strength in my back was basically gone. That was devastating news for me to hear. Besides being a ten year veteran and a damn good cop, I was very active outside of my work. I really enjoyed playing sports and it almost killed me that I was not going to be able to do those things. The most devastating thought was never being able to run with my kids again or play with them in the same way I always had.

When it became clear that I would never return to the street, I began talking with my captain about the future. I wanted to work in our Detective Division for awhile until I knew for sure I would never work as an officer again; I wasn’t ready to give up. I will never forget the words she said and how she said them.

When I asked the captain about working in detectives, she said "there is nothing they have for you that you can do, the only thing we have for you is retirement.” I thought to myself, “I gave ten years of my life to this department and this city and that's all she can say to me?” People who knew me would know that I wouldn't take that very well. I’ve always stood up for the younger officers and if I thought something wasn't right, and I wasn't afraid to speak my mind to the command staff. But nothing I could say was going to change the inevitable.

Eleven months after I was injured, on August 01, 2006, I retired. One of the hardest things I have ever done was take all my equipment back to the Department and turn it in. After it was all said and done I was a “civilian” again. In my eyes I was just employee number 1945, a number that could be scribbled out and replaced. I then began the process of fighting for Workers Compensation and the Department of Justice for my Public Safety Officers Death and Disability Benefit, but that’s another article for another time.

Before my injury our local Fraternal Order of Police Lodge had begun to grow again since my good friend Ricky Parks had taken over as President. I told him that I would definitely be joining. It was kind of ironic because I had the application in my patrol car the day I was shot and was in the process of filling it out. So while in the hospital I joined our local FOP Lodge and it was one of the best decisions I ever made.

A year after I joined Rocky Mount Lodge No. 46 I pledged that I would do my very best to represent our Lodge and the Fraternal Order of Police the same way I represented my Department with Respect, Professionalism and Integrity. One of my most memorable experiences was representing all Disabled Officers at the National Law Enforcement Officers Memorial in Washington DC and being able to place a carnation on the wreath.

Understand that a career-ending injury does not mean you have to leave law enforcement. There are things you can do to fight the depression and your frustration with being a “civilian” again. Surround yourself with your true friends who will keep you up to date with what's going on inside the department. Join a fraternal group like the Fraternal Order of Police. Do things to help your fellow officers. Go to National Police Week in Washington DC; you can still show your respect for your brother and sisters that have fallen. Most of all, find a hobby that makes you happy. Exercise, hunt and fish, it keeps your mind clear. A life-altering injury doesn’t just happen to you, it happens to everyone around you. Life will never be the same, but whole new chapters will be open to you if you are open to them.
BOX OF RAIN
7603 Summerchase Trail, Huntersville, NC

Box of Rain LLC is one of the premier full service irrigation companies in the Lake Norman area. Our services include installation and service of irrigation systems, landscape lighting and drains.

704-787-3093

JIA
ASIAN FUSION
& SUSHI BAR
3826 S. New Hope Rd. Ste.1
Gastonia, NC 28056

704-879-9344

“A unique blend of Asian Cuisine and Sushi”.

LUNCH
DINNER
CATERING

AISLE PAWN SHOP

GUNS / GUN ACCESSORIES / COINS
JEWELRY / MUSICAL INSTRUMENTS
TOOLS AND OTHER INVENTORY
216 N. MAIN STREET
MOORESVILLE, NC 28115

704-663-5656

Bill Shuford Heating Air
YOUR COMFORT IS OUR CONCERN

213 Campbell St.
Shelby, NC 28150

Call us for your home comfort solutions!
www.billschufordhvac.com

704-484-0025
Grand Lodge Update
By Dennis McCrary – NC National Trustee

The FOP Grand Lodge is currently gearing up for the National Presidents and Grand Lodge Board of Directors meetings in New Orleans on March 7-9. The deadline for this newsletter is prior to that meeting so I will provide an update of the issues addressed from that meeting to the members attending our State Lodge Board of Directors meeting in Clemmons on March 16.

I hope all Local Lodges have made arrangements to attend the National FOP Conference in New Orleans during August 11-16. It appears at this time that all offices for Grand Lodge officers will be contested at this Conference. Some very important decisions will be made that will have a dramatic effect on our organization for years to come. Any lodge that has not made arrangements with Past President Don Penix for rooms for their delegates will most likely not be able to get a room at the North Carolina hotel. You can probably still get a room at a downtown hotel if your lodge decided to send delegates at this late date. Go to the New Orleans National Conference website to make your arrangements. We will talk more about the Conference at our State Lodge Board of Directors meeting in Clemmons. Please send all of the delegates to which your Lodge is entitled to the National Conference and make certain they are educated on the issues and candidates.

President Canterbury has been very active during the last several months advocating FOP positions to our legislators and other leaders in our administration. Those members that subscribe to the Grassroots Newsletter saw many letters that he has written to numerous individuals promoting our positions. Those that do not subscribe can go to the Grand Lodge website and see copies of the letters the President has written.

All Local Lodges are also asked to please send representatives to the National Police Memorial Service in Washington during May 13-15. You can go to the Grand Lodge website to make room reservations or through any other travel site you may want to use. This is an important time to honor those officers who have paid the ultimate sacrifice in serving their communities. The least we can do is show support for their surviving families and friends. Those that may not have attended this service previously should make a special effort to attend and experience the events. This is a very moving ceremony and will be an experience you will never forget.

Again, I am honored to serve as your National Trustee. Please let me know if I can be of any assistance to you or your lodge in the future. My contact information is on the North Carolina State FOP website and the Grand Lodge website.
OUTBACK STEAKHOUSE®
979 Folger Drive - Statesville NC 28625

704-838-1818

MOORE & SEACLE CONSTRUCTION
785 Curve View Rd.
Lincolnton, NC 28092

704-735-0037

Building Contractors
Commercial & RESIDENTIAL

When care matters most for your family.

Hospice & Palliative Care of Iredell County
(704) 873-4719  www.HOIC.org
Awarded Hospice Honors 4 Consecutive Years

Phil’s Starter & Alternator
“WE START THE WINNERS!”
457 Paul H. Beam Road - Cherryville
704.435.2934

319 East Main Street - Cherryville
704.435.2228

112 Camp Circle - Cherryville
704.435.2200
Phillip Camp - Owner
Durham County Lodge 2 Activities
By Terry Mangum – Lodge 2 State Trustee

Durham County Lodge 2’s annual Peace Officers Memorial Service will be held on April 26 at 11:00 a.m. at Grey Stone Church located at 2601 Hillsborough Road in Durham.

On January 18 Lodge 2 President Tom Navarre and some of the Lodge 2 Executive Board members addressed the Recruit Class of the Durham Police Department. He provided them with information on Durham County Lodge 2 and the Fraternal Order of Police, the benefits of becoming a FOP member, and answered questions from the recruits.

Again this year, on February 16, Durham County Lodge 2 held our annual Public Safety Emergency Personnel Appreciation Day at the Carolina Ale House. This year’s event was well attended, even though it was a very rainy day. Our Appreciation Day is held each year in conjunction with the Daytona 500.

On February 27 Durham County Lodge 2 held our FOP Recruit Luncheon for the newly graduated Recruit Class of the Durham Police Department Academy. This year’s luncheon was held at the new Durham Police Department and was catered by Gillis’ Catering with outstanding barbeque and fried chicken. This type of luncheon or one at a restaurant is something Lodge 2 does for every recruit class. Providing information about the Fraternal Order of Police and answering questions from the recruits during these meals has proven to be an excellent recruitment tool for our Lodge.

The NC State Peace Officers Memorial Day Service will be held on May 2 at 11:00 a.m. The service this year will be held in Calvary Church at 1665 Pleasant Ridge Road in Greensboro.

Brunswick County Lodge 53 Activities
By Rich Petrone – Lodge 53 President

Members of Brunswick County Lodge 53 held their FOP Cops and Kids event at the Walmart in Leland on December 21. This event provides Lodge 53 with another opportunity to share and give back to our community. We were able to provide a Christmas shopping experience for deserving area children. These children were able to shop for gifts and clothing which they would most likely not have otherwise received.
Catawba Valley Medical Services
409 B South Sterling St
Morganton, NC 28655
828-437-8808
IN HOME HEALTH CARE SOLUTIONS THROUGHOUT
MORGANTON, HICKORY, MARION, NC
AND SURROUNDING AREAS
www.catawbavalleymedical.com

Appalachian Ace Hardware
75 West Palmer Street
Franklin, NC 28734
828 524.0502

Josh Patrick
Owner

Premier Vacation Rentals
Maggie Valley, NC
2507 Soco Rd
Maggie Valley, NC 28751
828-926-6025
CALL TODAY 1-800-923-6025

Rides
Of Conover, NC
LIFT KITS,
WHEELS, TIRES,
TRUCK & JEEP
ACCESSORIES &
SO MUCH MORE!
140 ENTR 132 - 828-485-3800 - MONDAY-FRIDAY 8:30-5:30

New River
Building Supply &
Lumber Company
Boone Location
3148 Hwy 105 South
Boone, NC 28607
828.264.5650
Banner Elk Location
2340 Tynecastle Hwy.
Banner Elk, NC 28604
828.898.5660

KD Support Services
Ken Dellinger
158 US Hwy. 221A
Forest City, NC 28043
www.kdsupportservices.com
Email: kdsupportservices@charter.net
Phone: 828-382-0031
Fax: 828-382-0068
Working towards a brighter tomorrow

Bonus Termite & Pest Control
“Quality Workmanship at Reasonable Prices”
RESIDENTIAL & COMMERCIAL
Radon Testing & Mitigation Services Offered
828-396-2664

Smoky Mountain Pets
Supplies & Grooming
1018 E. Main St. Franklin, NC 28734
828-349-6300

Hey Murphy! Are you ready for high speed internet without limits?
Only $39.99/month
In most mountain areas
Sign up now
Click this banner or call
828.865.2825

LED Better Heating & AC
828-452-4328
8009 Carolina Blvd.
Clyde, NC 28721
www.ledbetteheatingandair.com
THE ICEY FREEZE
814 Morganton Blvd. SW Lenoir, NC 28645
828-758-1820

L&C TRUCK REPAIR
3355 Scrace Road
Valle, NC 28168

Larry Cook
Shop 704-562-1005
M 828-244-4768
Fax 704-462-2900
email: landrepair@att.net

When You Think of Furniture

Biggerstaff
Inc. 1948

RAY BIGGERSTAFF
(704) 865-3430 • FAX (704) 865-4391
1701 W. Franklin Blvd. • Gastonia, NC 28052
www.BiggerstaffFurnitureInc.com
biggerstafffurniture@charlotte.twcbc.com

Beaty Monuments
“Anything Granite”
201 S. Main Street • Monroe, NC 28112
704-226-1554

Monuments • Flat Markers • Bronze Markers • Death Dates
Cremation Urns & Benches • Vases • Pet Markers • Custom Designs
All Colors of Granite • Visa, MasterCard & Discover Accepted

Bryan K. Whitley
C: 704-906-4439
Fax: 704-238-0522
beatymonuments@aol.com

HILLS COUNTRY STORE
5024 Highway 64 W
Hayesville, NC 28904
828-389-9500

Hurry and stop by at your local Hills Store.
We have all kinds of cool novelties, candies,
LED lamp lights, Redneck Cups and
lots of candy great for stuffing those stockings

First Victory
Development & Construction
11 Park Place West
Brevard, NC 28712
828-577-4201
www.FirstVictory.com

Commercial & Residential
New Construction
Additions & Large Remodels
Unlimited Licensed & Insured in NC, SC & GA

Buck Saver #4
“Where Old Friends Meet
and New Friends are Made”

Restaurant Hours:
Monday - Tuesday 530 - 830
Saturday 600 - 830
Sunday 1000 - 830

Store Hours:
Monday - Friday 530 - 1000
Saturday 600 - 1000
Sunday 700 - 1000

321 Equipment Co.
704-867-2317

Family Owned and Operated Since 1966
Home to the largest inventory of high quality used
storage containers in the Carolinas!
We provide only the most reliable storage units.
Originally built to withstand the rigors of international
shipping. These containers are equipped with two
swing-out doors making them virtually theft proof.

Whitley Automotive LLC
210 Louis Rd.
L远洋, NC 28607
828-692-2668
7900 East Marshall Blvd.
Marshall, NC 28663
(704) 649-4341

BUY 3, GET THE 4th
FREE ON HERCULES
455 TIRES

For the Month of March Only
Pay for the mounting and balancing of all four tires. Must be
installed by 3/31/2019. Can not combine with any other offer. Must
present coupon at time of purchase. See store for more details.
Catawba County Lodge 26 Activities
By Carl Pope – Lodge 26 President

Members of Catawba County Lodge 26 delivered 200 boxes of food to the needy families within Catawba County for Christmas. We also deliver another 200 boxes of food during the Thanksgiving holiday. This marked our 36th year donating and delivering food boxes for Thanksgiving and Christmas within the Catawba County.

The Catawba County Lodge 26, Fraternal Order of Police, and the Lodge 26 FOP Auxiliary went to local retirement and nursing homes within Catawba County, along with Santa and Mrs. Claus and Santa’s helpers, to visit with the residents and give out treat bags and stuff animals. This marked the 29th year that the Catawba County Lodge participants have visited the homes with Santa and Mrs. Claus.
We Had A Stumper for the January/February Issue! No winner!!!

Surprisingly we had no one identify the six individuals in the photo for the January/February TRIVIA contest. The six individuals in the photograph, from left to right, are Don Penix, Adam Penix, Randy Hagler, Terry Mangum, Dennis McCrary, and Bobby Gaddy.

There were actually no responses for this contest. It is never too late to submit your guess. Don’t think there is no need to send in your answers because you never know how quickly or slowly readers submit their responses.

Now, if you have not yet participated in or won a TRIVIA contest, do not give up. Keep submitting your answers and send them in quickly. I hope to see your name listed as the BlueNote TRIVIA grand prize winner in the next issue.

Drum roll and trumpet fanfare - Here is your chance to compete in another exciting round of BlueNote TRIVIA.

Put on your thinking caps. Can you identify the two individuals in this photograph?

If you can identify these two individuals, send an email to terrymangum@frontier.com with your answer along with the name and number of your Lodge.

The correct Trivia answers will be posted in the May/June issue of the BlueNote along with the name of the first individual submitting the correct answer.

PLEASE SUPPORT OUR ADVERTISERS
CLICK ON THEIR AD!
The Following Business and Professional Friends Pay Special Tribute to Our Officers for Keeping Our Community Safe

FIRST CHOICE HOUSING
119 BEECHNUT LANE
STATESVILLE, NC 28625
704-883-8228

PAYLESS PLUMBING
3909 TUCKASEEGEE ROAD
CHARLOTTE, NC 28208
704-393-9032

NEIGHBORHOOD FEED & TACK
1900 MOORE ROAD
MATTHEWS, NC 28105
704-847-5324

JETER’S DELI CAFÉ
702 JAKE ALEXANDER BLVD
SALISBURY, NC 28147
704-633-1153

JD JOHNSON’S DELIVERIES
103 REGATTA LANE
MOORESVILLE, NC 28115
704-746-4444

TURBO EXCHANGE
501-A PIITS SCHOOL ROAD
CONCORD, NC 28027
704-721-6661

LARRY HELMS FLOOR SANDING AND REFINISHING
1015 FORSYTH AVE INDIAN TRIAL, NC 28079
704-882-8887

PLUMB MASTERS
2950 KENDRICK ROAD
GASTONIA, NC 28056
704-860-3555

CHRISTIAN SUPPLY SHOPPE
2009 S. CANNON BLVD.
KANNAPOLIS, NC 28083
704-932-5701

A & R AUTO CARE
1202 N. CANNON BLVD.
KANNAPOLIS, NC 28083
704-932-8767

METALLURGICAL TECHNOLOGIES
CHARLOTTE PET CEMETARY AND CREMATORY

CHOICE REALTY & APPRAISING
MESSICK GLASS & MIRROR

CHRISTIE’S KITCHEN
110-1 LEE DRIVE
POLKVILLE, NC 28136
704-481-7368

NC INTERIORS CONTRACTING
1216 INDUSTRIAL AVE
GASTONIA, NC 28054
704-691-7386

ABRAKADOODLE
WWW.ABRAKADOODLE.COM
SOUTH CHARLOTTE
704-684-4799

VENDORS SUPPLY OF NC
1480 HENDERSON GROVE CHURCH
SALISBURY, NC 28145
704-633-8902

SELLER’S SERVICE CENTER
7156 DALLAS-CHERRYVILLE HWY
CHERRYVILLE, NC 28021
704-435-3324

BUILDINGS “R” US
1703 E. DIXON BLVD.
SHELBY, NC 28150
704-482-3166

HICKORY’S FINEST CUSTOM FRAMING
1432 2ND STREET NE
HICKORY, NC 28601
828-327-0122

WHITE & WILLIAMS HEATING & COOLING
514 SWANNANOA RIVER ROAD
ASHEVILLE, NC 28805
828-296-0267

Winn Appraisal Group
BARRY’S TIRE & EXHAUST

WARREN CHIROPRACTIC
SHERRIL’S PIONEER RESTAURANT
APPALACHAIN FURNITURE

HORSE SHOE HARDWARE

DALE COSTNER ROOFING COMPANY
2181 BETHEL CHURCH ROAD
MORAVIAN FALLS, NC 28654
828-632-9808

M & R RV REPAIR
1530 16TH STREET NE
HICKORY, NC 28601
828-855-1037

URGENT CARE OF MOUNTAIN VIEW
2872 S. NC HWY 27
HICKORY, NC 28602
828-270-3604

AUTRY PLUMBING
LEICESTER, NC
828-253-4269

PARKWAY HEATING AND AIR
1387 SULPHER SPRINGS RD.
WAYNESVILLE, NC 28786
828-452-5297

CHINA VIEW RESTAURANT

DORIS SEWING SHOP

CLAPP SEPTIC TANK AND BACKHOE
1442 NC HWY 61
WHITSETT, NC 27377
336-449-4390

TREDWAY ELECTRIC SERVICE
220 LINDY ROAD
STONEVILLE, NC 27048
336-573-9347

VILLAGE TAVERN
102 REYNOLDA VILLAGE
WINSTON-SALEM, NC 27106
336-282-3063

AAA WELL & PUMP SERVICE
829 GARDENGATE RD
GREENSBORO, NC 27406
336-456-0071

JOHNNY WOOTEN AUTO PARTS
229 EAST POLO RD
WINSTON-SALEM, NC 27105
336-759-2120

MYERS SEPTIC TANK SERVICE

GRAHAM TRACTOR COMPANY
HOMELAND SECURITY
Bachelor's of Technology

ADVANCE YOUR CAREER.
IT'S YOUR TIME.
1.800.388.7123 | www.canton.edu

RICHARD W. MILLER
CAMPUS CENTER

LAW ENFORCEMENT LEADERSHIP
Bachelor's of Technology